

14 <sup>th</sup> to 20 <sup>th</sup> February	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Selection of cereals including Bran flakes, All Bran, Weetabix and Cornflakes served with Full Fat and Low Fat Milk; Porridge with a choice of toppings; Whole Fresh Fruit, Cut Fruit & Yogurt; Tea, Coffee & Fruit Juice; Fresh White Sliced & Wholemeal Bread & Toast						
		Croissants		Boiled Egg		Waffles, Croissants, Bacon, Sausages & Bagels	Bagels, Croissants, Avacodo, Cream Cheese, Bacon & Scrambled Egg.
<b>Lunch</b>	Vegetable Soup	Tomato & Basil	Mushroom & Thyme Soup	Broccoli Cream	Leek & Potato Soup		
	Szechuan Soy Braised Beef with Egg Noodles & Prawn Crackers	Chicken goujons with salsa in Brioch Bun with Potato Wedges	Shepherds Pie topped with Mash, Broccoli & Cauliflower	Pork & Apple Sausage with Gravy, Mash Potato & Peas	Chicken & Chorizo Paella with Garlic Bread	Packed Lunch	Take Away Lunch
	Mixed Bean & Tomatoes Chilli with Brown Rice	Quorn Roast Vegetables in a Brioche Bun	Vegetable and Mixed Bean Pie	Vegetarian Sausage	Vegetable Paella		
	Self-serve Salad Bar with a varied selection of Composite, Simple, Protein, Carb & Green Salads with Tasty Dressings! Selection of wholemeal, sliced breads, freshly baked rolls & cheeses & deli meats.						
<b>Dinner</b>	Breaded Chicken with Garlic Butter	Teriyaki Chicken, Leek and Pepper Stir Fry	Braised Beef In a Rich Gravy	Thai Red Chicken Curry	Beef Burger & Brioche Bun	Roast Stuffed Chicken with Gravy	
	Feta & Spinach Quiche	Chunky Vegetable & Chick Pea Cassoulet	Mushroom Risotto	Thai Red Vegetable Curry	Vegetable Burger & Brioche Bun	Feta & Broccoli Omelette	
	Broccoli & Carrots and Potato Gratin	Basmati Egg Fried Rice	Steamed Baby Potatoes & Green Beans	Steamed Rice & Popodums	Chips with Cheddar Cheese & Toppings	Potato Gratin	
	Self-serve Salad Bar with a varied selection of Composite, Simple, Protein, Carb & Green Salads with Tasty Dressings! Selection of wholemeal, sliced breads, freshly baked rolls & cheeses & deli meats.						
	Chocolate Brownie	Rocky Road	Banofi Pie	Lemon Sponge	Apple Crumble	Homemade Cupcakes	

**If you have a food allergy or intolerance please ask our staff for further information**