

13 ^h - 19 th Dec	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Selection of cereals including Bran flakes, All Bran, Weetabix and Cornflakes served with Full Fat and Low Fat Milk; Porridge with a choice of toppings; Whole Fresh Fruit, Cut Fruit & Yogurt; Tea, Coffee & Fruit Juice; Fresh White Sliced & Wholemeal Bread & Toast						
		Croissants		Boiled Egg		Waffles, Croissants, Bacon, Sausages & Bagels	Bagels, Croissants, Avacodo, Cream Cheese, Bacon & Scrambled Egg.
Lunch	Broccoli Soup	Mushroom Soup	Leek & Potato Soup	Root Vegetable Soup	Vegetable Soup		
	Chicken Burger & Chips	Meatballs in Tomato sauce with Pasta	Beef Chilli with Steamed Rice	Pulled Pork in a Flourey Bap	Sausage & mash with Carrots & Gravy	Packed Lunch	Take Away Lunch
	Vegetarian Burger & Chips	Vegetarian Meatballs in Tomato Sauce with pasta	Quorn & Vegetable Chilli with Steamed Rice	Falafel in a Flourey Bap	Vegetarian Sausages with Carmelised Red Onion	Packed Lunch	Take Away Lunch
	Self-serve Salad Bar with a varied selection of Composite, Simple , Protein, Carb & Green Salads with Tasty Dressings! Selection of wholemeal, sliced breads, freshly baked rolls & cheeses & deli meats.						
Dinner	Beef & Chucky Vegetable Stew	Classic Chicken Curry	Roast Loin of Pork with Gravy	Breaded Chicken	Shepherd's Pie	Grilled Chicken Supreme with Gravy	
	Vegetarian Lentil Stew	Quorn & Vegetable Curry	Spinach & Mushroom Quiche	Bean & Vegetable Omelette with Cheese	Vegetarian Shepherd's Pie	Vegetarian Paella	
	Mashed Potato	Egg Fried Rice	Boiled Potatoes & Mixed Vegetables	Gratin Potato, Green Beans & Sweetcorn	Peas & Carrots	Baby Roast Potatoes & Broccoli	
	Self-serve Salad Bar with a varied selection of Composite, Simple , Protein, Carb & Green Salads with Tasty Dressings! Selection of wholemeal, sliced breads, freshly baked rolls & cheeses & deli meats.						
	Rocky Road	Lemon Sponge	Chocolate Brownie	Apple Crumble	Blueberry Muffins	Pastry Treat!	

If you have a food allergy or intolerance please ask our staff for further information