



Red Sokz

Volume VII, Issue 3

<http://www.villiers-school.com>

14th March 2008



Editorial

Happy Easter from all at Redsozk and at Villiers. Again we are providing you with some light reading for the holidays.

This past term has been very busy for everyone and the 'holidays' are going to be even busier for some. With that in mind we send best wishes and prayers for a safe journey to Sadbh Gaston and Ms. M. O'Brien, who are travelling to Ethiopia with Self-Help, to Ms. Sexton and Ms. Devine, travelling to Boston with the girls soccer team and finally to Mr. Sutton and his crew, heading off on the Villiers Annual Skiing trip.

We are also aware that it's not fun and frolics for all of the Villiers family and with that in mind we say Good Luck to all our 6th and 3rd formers as they study and prepare for the forthcoming exams.

*Janet Woods (Editor)
Sam Ryan (Asst Editor)*

MOST PROMISING VOICE – DAVID HOWES

David Howes, currently in 4th form swept the boards at the recent Feile Luimni Vocal Competitions, winning both the The Moores Melodies Competition and The Perry Cup. David was also awarded 2nd and 3rd place and Highly Commended, respectively, in the Elfreda Atkinson Cup, Glenstal Cup and Songs From The Shows.

All this from a 16 year-old student competing in an adult field and coming out on top. David is a student of one of Limerick's finest teachers, Mrs Olive Cowpar, and her predictions for his future career were further enhanced when the adjudicator at Feile, Professor Paul Deegan awarded David the accolade Voice Of The Feis. This is a coveted award and previous winners have gone on to perform on a variety of international forums.

As if those successes weren't enough David also won two bronze medals in the Under 18 and the Advanced Piano competitions at Feile.

All at Villiers are very proud of David and his unassuming manner. We wish him all the best with his music and are currently queuing up for autographs.

Ms. J. Woods

Features

MS. O'SULLIVAN TAKES ON CINDERELLA

The superbly talented Ms. Sinead O'Sullivan is taking to the stage yet again, playing the role of Cinderella in Bare Space Theatre Company's forthcoming production of Stephen Sondheim's Into the Woods.

This production opens at the Belltable Arts Centre on Tuesday 25th March and runs until Sunday 30th March. The plot is a grown-up adaptation of some of the famous Grimm fairy tales, with a twist. Instead of settling for the usual ending, Into the Woods dares to ask what happens after the Happy Ever After ending. The audience are drawn into a variety of themes such as growing up, loss of innocence and of good versus bad.

Ms O'Sullivan is joined by the talented Michelle Fox and they are in the company of a highly accomplished cast featuring some of Limerick's finest exports who have successfully treaded the boards in London's West End theatres. So factor what promises to be a wonderful production into your Easter break.
Ms J. Woods

ENTERPRISE

Three fourth year enterprise companies represented the school at the Limerick City Enterprise Board City Schools Competition. Students were interviewed and assessed based on their business plan, their business idea and how they sold their company on the day. Sci-Chem took first place and will now go forward to represent Villiers at the National finals in May. Well done to all students. The students involved were:

Sci-Chem:

Alex Wills, Mark Gibson, Bruce Devine, Tom Jackson & Vincent Lillis

Neverlost:

Kevin Real, Stephen Cowpar, David Howes, Ruan Richter & Cillian Ryan

Buckle Up:

Emma Rae, Niamh Murphy, Ayano Funahashi, Maria McEnery, Aisling Murphy & Sharon Leahy, Gillian Hunt & Jodie O'Carroll

On Wednesday, **Sci-Chem** & **Neverlost** represented Villiers at the Munster Finals of the Junior Achievement competition. This involved making a company presentation and an in-depth interview with a panel of judges from Junior Achievement and businesses in the Cork area. Although we did not win on the day, both Mr. Jones & Ms. O'Brien would like to congratulate all students involved. They feel that this year in particular, students have developed really viable business ideas that would even impress the judges in the Dragon's Den!

*Ms. Maeve O'Brien
Mr. Tom Jones*



Features Continued

HEALTH AWARENESS DAY

A Health Awareness day will be held in Villiers school on Wednesday the 9th of April. It is compulsory for every year and is sure to be an interesting day for all involved. Many support groups such as the Samaritans, Aljeff, Alateen, Cry, M.A.D.D., and Rainbows will be giving presentations on the day.

Workshops in Laughing Yoga and convenient cooking demonstrations will be provided. In addition there will be a nutritionist, psychologist and many many more!

A **colours day** will be held to raise funds for these voluntary organizations. Students are required to pay €3.00 for this worthy cause and for those of you brave enough, fancy dress is optional! Leaflets will be available to explain the day in full and the topics each organization will cover. Hope to see you all there!

Raina O'Mahony, Aaron Thong & Orna Daly.

LOOKING FORWARD TO BOSTON

Woo! 6 days and counting! The 17 of us and Ms. Sexton and Ms. Dillon Devine are really excited about our nine day trip to Boston and Newburyport as part of the American-Irish exchange of soccer teams. We are really looking forward to all the shopping but just to let you know we are actually playing some soccer!!

We will be going bowling, to the movies, going to the 'high schools' to see what American schools are like and much much more! This is the first time a sports team has gone from Villiers to America so the excitement is building both here and in Newburyport. We are also going to a 'beach party' at one of the pen pals house, in the snow!!

We will probably be returning with a full range of American vocabulary such as 'Garbage' and 'Candy'. We are planning on coming back with way more clothes than we went out with! We will fill everyone in on what exciting adventures we had in Boston and Newburyport.

Tanya Powell

SCHOOL DISCO

Mr. Penney organised yet another very successful school disco, which took place on Thursday March 6th.

It was open to all 1st to 4th forms and the style and antics were something to behold. All money raised will go to Self-Help, which is a charity organisation providing education and aid to 3rd world countries.

Sadbh Gaston

TRANSITION YEAR STUDENTS VISIT THE REGIONAL HOSPITAL

On Saturday the 1st of March a group of transition year students went to the Pathology unit in the regional hospital. The day started off with an introduction to the staff and the rules of the Pathology labs. In each section of the Pathology department you were given a booklet detailing that area. We visited the areas of histology, microbiology, biochemistry and many other interesting areas.

The day was very informative and interesting. If you are in any way seriously interested in science or other areas of science as a future career then I would strongly recommend going on this open day. The staff are more than helpful and it will give you a real insight to working in a pathology lab.

Shauna Greaney

CAVING

Joining the caving club is one of the highlights of being a Villiers student. Our last trip took us to a cave called Pol Dubh. This cave was situated in the middle of a boggy forest, so it was an adventure even finding the cave. Once in the cave I volunteered to lead the group. We walked through high corridors, squeezed through small spaces and crawled through small cracks. On our way our leader, Alan, informed us of how all the cave's features were formed. At one stage we all turned off our head lamps and walked in total darkness.

Caving is certainly not something for the faint hearted very wet and very cold., but its certainly not worth missing.

Poppy Copeland

FORMULA 1 SUCCESS FOR VILLIERS

The Villiers team of Robert O'Donoghue, William Leech, Marion Carey, Ciaran Castles and Matthew Perriera competed in the Regional Finals of Honda F1 Schools Technology Challenge in Cork on Thursday and Friday 6th & 7th March, and won the fastest car design, with a personal best racing time of 1.267 seconds.

This challenge has tested students on design, speed, presentation and overall project approach. The judges were very impressed with Team Nebula's racing times, car design and presentation and awarded them a place in the National Finals to be held in Dublin on April 17th. Go Team Nebula and well done on your success to date.

Mr. James Browne



Sport

SUCCESS FOR AMY O' DONOGHUE

The talents of 2nd Form student Amy O'Donoghue have yet again been recognised on a national level. She has been chosen to represent Ireland at the International Cross-country Championships in Scotland on March 28th.

Amy is a dedicated athlete who is following in the footsteps of many successful past students. She has been noticed both on a local and national level and great things are expected from this fine athlete.

We wish Amy all the best in Scotland. *Ms J. Woods*

GIRLS MINOR HOCKEY

As all competitive fixtures have been completed all minor girls teams have been working hard on technique and tactics.

We have had some very successful friendly matches and are gearing up for a positive new season.

Ms. K. Crowley

GIRLS HOCKEY

Pride of place must go to the senior girls who keep their dreams of a cup and league double alive with a hard earned 3-1 win over a strong Rockwell side in the cup semi-final played in Rockwell on Wednesday 12th March

Villiers held a slender 1-0 lead at half time thanks to a Katie Campbell goal from the penalty spot late in the first half. Rockwell, however, came again and equalized mid way through the second period.

This proved to be an alarm call to Villiers who redoubled their efforts and ran off the pitch deserving winners with 2 further goals. Clare Carey and Megan Reilly provided the finishing touches. In a good all round performance, Katie Campbell in attack and Leanne Cribbin in defence deserve a special mention.

The junior girls season seemed to come to an abrupt end following defeats in the cup semi final against a strong Clonakilty side and in their final league match to an unbeaten Rockwell who took their place in the league decider. It was a cruel end to a promising season but with the talent in this group they will no doubt bounce back.

Mr. M. Sutton

RUGBY

We had a 14-13 win over Tarbert before the Mid-term, with an opening try by Simon Crawford, converted by Stephen Harvey. Stephen then scored another try which he effortlessly converted.

We are awaiting results in the Patrician vs. Tralee match to see who our opponents will be in the quarter finals. We are still on to win the O'Brien Cup so lets not miss training.

Stephen Harvey

BOYS HOCKEY

Our cup campaign at both minor and junior level began and unfortunately ended last week. The minors travelled away to play Ashton and lost to a very strong side 5-0 and our inexperienced juniors travelled to Bandon and put up a brave effort, but finally went down 4-0.

Meanwhile our u13 boys travelled to Kilkenny for a blitz and equipped themselves admirably.

Our annual trip to King's Hospital was on Wednesday 12th March and our Seniors were unlucky not to win with a 1-1 score line. Likewise our Minors played admirably, again finishing 1-1. Both teams performed admirably and demonstrated their skill against two very good opponents.

Edinburgh 08' - Once again we are in the planning stages of our annual hockey tour, which will bring us back to Edinburgh in early October 08'. Those planning to travel will be returning home with provisional itinerary and costings and will be required to forward a deposit to cover 1 flights and hostel booking - more to follow.

Mr. Neville Atkinson

BASKETBALL

First year girls basketball team are going from strength in the Limerick school girls basketball association league. They have been on a real winning streak and we hope it will continue for the girls in there up and coming semi-final in Salesians on the 2nd of April. With some bright new talent, lets hope they can go all the way and win the 1st year plate.

Sam Ryan

ATHLETICS

On the 8th of march in Lough Rea the all Ireland cross country championships took place. The most notable success of the day was Amy O'Donague who got selected for the Irish junior team Well done to all participants.

Sam Ryan

CHESS

The Villiers chess team have played 3 matches in the schools champions league. They played against Castletroy. Ard sScoil Mhuire and Bruff. They won 1 match and lost 2 but there was some great individual performances, Lucinda Holland in particular had a great day winning all 3 of her matches. The novices also finished there challenging league with 1 draw and 2 loses. The Villiers girls team are in preparation as we speak for the girls only league which is taking place in the coming weeks. Best of luck girls!

Sam Ryan



Transition Year

TRANSITION YEAR - ACADEMIC

SAMPLING OF LEAVING CERT. CHOICE SUBJECTS
 Change to 3rd sampling session – Monday March 30th '08

As in the last two years and per evaluations of the TY Programme (by staff/ students/ parents) we expect students will once again be more tuned in academically in the last term. With this in mind, students are deciding / selecting the *choice* subjects that they will most likely take for the Leaving Certificate

Should a student, for a good reason, need to change a choice subject in the last term s/ he will be facilitated i.e. per their individual meeting with Guidance Counsellor; a change in career aspiration; some requirement coming to light via her/ his LCVP Careers Investigation; her/ his discovery where her/ his academic ability / aptitude lies through work in class and guidance from subject teacher.

Mr. J. McCrohan

A CLICK AWAY FROM TROUBLE

The aim of our project was to raise awareness of possible child abuse through the Internet and mobile phones and to make parents and children aware of the dangers facing them. Our main goal was to make more people aware of the dangers of children talking to strangers through mobiles and the Internet. We raised money to buy safety software for computers and also a safety phone for young children to show to primary school teachers and parents. We also researched the different types of safety software, and detailed them to parents so that they will be aware of the possible dangers to young children being online without supervision.

*Thomas Corrigan, Anna Cottiss, Fergal Moore,
 Niamh Murphy and Seán Rodahan*

MAKE-UP, FAKE-UP

We hope to show people that they are beautiful no matter what and that they do not need to wear make-up to fit in. True beauty is on the inside. Too much pressure is put on people nowadays to look perfect all the time. Trying to look perfect can become an obsession for people, which is bad psychologically and physically.

Through research, surveys and information leaflets, we want to show the effects make-up has on your skin/ general health. We want to raise awareness about how people become pressured into wearing make-up and then start to obsess about their appearance.

*Naomi Beard, Poppy Copeland, Erika Despard,
 Emily Lawes, Bríd O'Connor, Aisling Sheppard*

YSI PROJECTS

TY Students are actively involved in YSI (social awareness programmes) and the following 4 articles detail their projects

R.E.S.P.E.C.T.

R.E.S.P.E.C.T. means to us that someone loves themselves inside out, for who they are, not what people want them to be. Beauty comes from within. Don't judge a book by its cover, what matters is its content.

Our main goal was to try to stop the high amount of teenage smoking, drinking, taking drugs and also to achieve a greater understanding of eating disorders. Our aim was to make younger teens aware of the risks of each of the above before they even tried them, giving them the ability to say no to drugs, smoking and alcohol and get the help they need for eating disorders and thus respecting their bodies and minds.

By Elaine Griffin, Eada King Lisa Moloney, Ciara Morgan, Nathalie Moriarty, Amy Nicholl, Brian Reid, Mark Ryan, Yvonne Ryan and Rachel Stuart

AGED IN BODY, NOT IN MIND

Our aim in this project was to change people's perceptions and views towards the elderly and to raise money for 'Friends of the Elderly' by holding a talent contest in school this should happen in April 2008, so watch this space!). Furthermore, we hope to learn more about the elderly and their lives. We are hoping to educate the first year C.S.P.E. classes in our school so that they can continue on with the work that we have started.

*Vivienne Crowley, Shauna Greaney, David Griffin, J a m e s
 McMahon, Tom Moore, Chloe O'Kelly and Suzanne Roe*



ANNOUNCEMENTS

LOST PROPERTY—BOOKS

Top Floor, New Science/Tech/Art Block.
 MON 11.00—11.10
 WED 1.10—1.30

STEEER CLEAR PROGRAM

The PTA are going ahead with this program but there are still some available spaces, so please sign up ASAP, in order to take part in this very beneficial programme.

BOARD OF MANAGEMENT

The inaugural of meeting was held this week and marks a positive new departure in the history of Villiers.

LEAVING/JUNIOR CERTIFICAT PRACTICALS & ORALS

Irish Orals April 7th Music Practicals April 7th
German Oral April 18th Home Ec. Practicals April 10th/11th

LONG WEEKEND

Additional long-weekend on weekend of 25th April.

T.Y. ANNUAL TRIP TO ACHILL

Takes place for one week commencing Monday 14th April.

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